



EMDR Oslo2026

EMDR Europe Workshop Conference 2026 Unlocking the power of AIP 5 - 7 June 2026

Friday 5 June 2026

Time / Room	Hall B4	Studio N	Studio 2	Studio 3+4
17:15 - 18:15	OPENING & WELCOME			
18:15 - 18:45	David Servan Schreiber Award			
18:45 - 19:45	KEYNOTE <i>Bjørn Aasen (Norway)</i>			
19:45	WELCOME COCKTAIL (NOVA Spektrum)			

Saturday 6 June 2026

Time / Room	Hall B4	Studio N	Studio 2	Studio 3+4
9:00 - 10:30	From Imaginary Friend to Dissociation – AIP-Informed EMDR Conceptualization in Complex Cases <i>Kerstin Stellermann-Strehlow (C&A) (Germany)</i>	Treatment of Traumatic Attachment to a Perpetrator Using EMDR Therapy <i>Roger Solomon (USA)</i>	EMDR with patients that have sensory loss, including patients that are preverbal deaf/deaf-blind – What are the challenges? <i>Mette Uthus, Britta Bürker & Lone Gerhard (Norway)</i>	Group stabilization as a resource activator, driver of therapeutic engagement, and time saver in public health <i>Aude-Isoline Poncet & Anne-Gaëlle Salomé (France)</i>
10:30 - 11:00	COFFEE BREAK			
11:00 - 12:30	From Imaginary Friend to Dissociation – AIP-Informed EMDR Conceptualization in Complex Cases <i>Kerstin Stellermann-Strehlow (C&A) (Germany)</i>	Treatment of Traumatic Attachment to a Perpetrator Using EMDR Therapy <i>Roger Solomon (USA)</i>	Reestablishing the Brain–Body Connection: Interception in the Treatment of Complex Trauma with EMDR <i>Suzana Guedes (Portugal)</i>	Group stabilization as a resource activator, driver of therapeutic engagement, and time saver in public health <i>Aude-Isoline Poncet & Anne-Gaëlle Salomé (France)</i>
12:30 - 14:00	LUNCH BREAK			
14:00 - 15:30	THE EMDR TOOLBOX METHOD (ETM): An AIP-Based Method for Complex Clients <i>Manuela Spadoni (Italy)</i>	How narrative can unlock pre-verbal trauma and attachment issues in children and adolescents? <i>Savita Daslboe (C&A) & Pål Vegard Hagen (Norway)</i>	Reestablishing the Brain–Body Connection: Interception in the Treatment of Complex Trauma with EMDR <i>Suzana Guedes (Portugal)</i>	EMDR in people with developmental disabilities and PTSD <i>Dorte Baerentzen (Denmark)</i>
15:30 - 16:00	COFFEE BREAK			
16:00 - 17:30	THE EMDR TOOLBOX METHOD (ETM): An AIP-Based Method for Complex Clients <i>Manuela Spadoni (Italy)</i>	How narrative can unlock pre-verbal trauma and attachment issues in children and adolescents? <i>Savita Daslboe (C&A) & Pål Vegard Hagen (Norway)</i>	Reestablishing the Brain–Body Connection: Interception in the Treatment of Complex Trauma with EMDR <i>Suzana Guedes (Portugal)</i>	EMDR in people with developmental disabilities and PTSD <i>Dorte Baerentzen (Denmark)</i>
17:45 - 18:00	Francine Shapiro Award			
18:00 - 19:00	KEYNOTE <i>Helinä Häkkänen (Finland)</i>			
20:30	CONFERENCE DINNER (Thon Arena Hotel)			

Sunday 7 June 2026

Time / Room	Hall B4	Studio N	Studio 2	Studio 3+4
9:00 - 10:30	Guided by Northern Light: Mapping Trauma-Sensitive and Complementary Pathways for EMDR Case Conceptualization <i>Ytje Tialda Van Pelt, Jiska Weijermans, Ad de Jongh (Netherlands) & Marilyn Lubet (USA)</i>	EMDR in Obsessive Compulsive Disorder patients with sexual, aggressive or religious obsessions. <i>Karsten Böhm (Germany)</i>	The Resource Container: The Missing Link Between Experience and Window of Tolerance, and AIP From Theory to Practice <i>Tuly Flint & Daniel Kahn (Israel)</i>	Playing in Fragile Moments: Parents and Children Building Shared Resilience <i>Esther Bar-Sade & Zivan Yael (Israel)</i>
10:30 - 11:00	COFFEE BREAK			
11:00 - 12:30	Guided by Northern Light: Mapping Trauma-Sensitive and Complementary Pathways for EMDR Case Conceptualization <i>Ytje Tialda Van Pelt, Jiska Weijermans, Ad de Jongh (Netherlands) & Marilyn Lubet (USA)</i>	EMDR in Obsessive Compulsive Disorder patients with sexual, aggressive or religious obsessions. <i>Karsten Böhm (Germany)</i>	The Resource Container: The Missing Link Between Experience and Window of Tolerance, and AIP From Theory to Practice <i>Tuly Flint & Daniel Kahn (Israel)</i>	Playing in Fragile Moments: Parents and Children Building Shared Resilience <i>Esther Bar-Sade & Zivan Yael (Israel)</i>
12:30 - 14:00	LUNCH BREAK			
14:00 - 15:30	Inherited wounds - Healing transgenerational Trauma with EMDR <i>Katharina Drexler (Germany)</i>	EMDR in Obsessive Compulsive Disorder patients with sexual, aggressive or religious obsessions. <i>Karsten Böhm (Germany)</i>	The Resource Container: The Missing Link Between Experience and Window of Tolerance, and AIP From Theory to Practice <i>Tuly Flint & Daniel Kahn (Israel)</i>	EMDR Research in Europe <i>Michael Hase (Germany)</i>
15:30 - 16:00	COFFEE BREAK			
16:15 - 17:15	KEYNOTE <i>Bo Søndergaard Jensen (Denmark)</i>			
17:15 - 17:30	CLOSURE <i>Olivier Piedfort-Marin</i>			